

12 Signs of a Spiritual Awakening

1. An increased tendency to allow things to happen, rather than making them happen.
2. A letting go of expectations.
3. Feelings of being connected with others and nature.
4. Frequent, overwhelming episodes of appreciation and gratitude.
5. A tendency to think and act proactively, rather than just reacting out of fear.
6. An unmistakable ability to enjoy each moment and be present in the moment.
7. A loss of the ability or need to worry.
8. A loss of interest in participating in or creating conflict.
9. A loss of interest in trying to interpret the actions of others.
10. A loss of interest in judging others.
11. A loss of interest in judging one's self.
12. Gaining the ability the love without expecting anything in return.